



United
Women
in Faith

PITTSBURGH DISTRICT UNITED WOMEN IN FAITH (UMW) ANNUAL MEETING

BALDWIN COMMUNITY UNITED METHODIST CHURCH
5001 Baptist Road IN CASTE VILLAGE
PITTSBURGH, PA 15236

SATURDAY, SEPTEMBER 17, 2022

8:30 Gathering, Program begins at 9:00. We will end by 12:30 after lunch.

Achieving Hope and Endurance in Our Daily Lives

It's no secret that the pandemic has changed our lives, but how can we change for the better? In recent years, the importance of mental health has been elevated. We've had to be mindful of our own ability to practice patience, tolerance, and acceptance as well as overcome unforeseen circumstances. Although we've been able to overcome the pandemic, there's still a lot of lingering issues that have left people feeling uncertain in living their daily lives. At these times, we as Christians have become more hyper-sensitive to the short fuses, lack of resources, intolerance, impatience, and hatred we witness in our daily interactions. How can we come together to support our fellow brothers and sisters in this still-unfamiliar world?

Your District Leadership Team are extremely excited to offer you a wonderful Program with a Panel Discussion with people from different disciplines all discussing how we can come together and support each other. There will be a Q & A where you can ask questions aloud and via paper if you wish to remain anonymous. The people on the panel were chosen by Anchorpoint Counseling and Tutoring Ministry's New Executive Director, Mark Heinbockel and Clinical Director, Jennifer Register. <http://www.anchorpointcounselingministry.org>.

Anchorpoint Counseling Ministry is a team of licensed and experienced professionals committed to serving community members and families of all faiths and backgrounds. Our approach integrates emotional, relational, and spiritual healing with a focus on building stronger families and healthier communities. Since 1966, Anchorpoint Counseling Ministry has supported mental health and educational needs in our community.

Your District Leadership Team will have a Continental Breakfast and will provide a Catered Lunch from Panera, free of charge. We are hoping everyone will stay for lunch to continue conversations and get to know one another again!

We will have a Meditation and a brief Business Meeting prior to the Panel Discussion.

Please invite you family and friends to hear this much needed education and discussion. This program is for all people, not just women! You will be impressed with the Passion and Energy Mark and Jennifer will generate.

PLEASE RSVP BY SUNDAY, SEPTEMBER 11 TO Carolyn Metting at cmetting@gmail.com.

Please let Carolyn know if you have special dietary issues or need childcare.