

# You're Invited!

## GRIEF SUPPORT CLASS

*Led by Jody Dausey & Suzanne Evans*

WHEN SOMEONE YOU LOVE PASSES WE WANT TO BELIEVE THE GRIEF WE FEEL WILL BE GONE AN A SHORT TIME. HOWEVER, GRIEF IS A JOURNEY AND SOMETIMES WE NEED HELP NAVIGATING THIS SEASON OF LIFE. THIS SIX WEEK CLASS WILL PROVIDE THE OPPORTUNITY TO LEARN NEW WAYS TO COPE WITH YOUR GRIEF AND FIND COMFORT WITH OTHERS ON A SIMILAR JOURNEY

REGISTER FOR THIS SIX WEEK  
CLASS BEGINNING OCTOBER 22ND

Call 412-672-7289

Every Saturday 10:00am—12:00pm  
with the exception of Nov 26th

Port Vue United Methodist Church  
1565 Washington Blvd  
McKeesport, PA 15133

Light Refreshments provided