2020 CONFERENCE HEALTHCARE: BENEFITS OVERVIEW

Medical: UPMC Health Plan – www.upmchealthplan.com

The medical insurance provider is UPMC Health Plan. 2020 coverage includes a choice of the HMO Standard Network or the PPO premium network. With either plan, there is an option of a Health Savings Account available at Common Roots Federal Credit Union (formerly Keystone) or a Health Reimbursement Arrangement managed by UPMC. These selections are completed at time of enrollment and cannot be changed until open enrollment (each Fall, plan offerings subject to change). Please view the benefit grids and plan comparison grid at www.wpaumc.org/activehealthcare.

Take a Healthy Step (TAHS)

Regardless of PPO or HMO selection, members are offered the Take a Healthy Step wellness incentive platform which gives participants an opportunity to earn up to $600 for individual/ $1,200 for family deposited into their Health Savings Account or Health Reimbursement Arrangement, sponsored and supported by the WPA Conference Board of Pensions. TAHS completion must be completed by 10/31/2020 for 1/1/2021 deposit. Active UPMC members can view their TAHS status by logging into their account at www.upmchealthplan.com. For more information, visit www.wpaumc.org/activehealthcare.

Revised (as of April 2020 due to Covid-19) requirements for employees and their eligible spouses are as follows:

✔ Complete or update the MyHealth Questionnaire to earn $100
✔ Complete a Biometric Screening to earn $100 waived; all will receive $100
✔ Complete an Annual Wellness Exam to earn $100 waived; all will receive $100

Once these components are complete, then...
✔ Earn up to $300 (points matched dollar per point) by completing up to 300 TAHS points

WorkPartners Employee Assistance Program (EAP)

Participants are also enrolled in the WorkPartners Employee Assistance Program (EAP). These free, confidential services are available to you and any family member living under your roof (including dependents not on your health plan). Services include professional counseling from licensed clinicians, health coaching, referrals to community resources, online wellness and skill-builders and consultations with experts on legal and financial matters. The professional counseling services include up to six sessions per issue, and can be held in person or via video or telephonic formats. Active UPMC members can visit WorkPartners at www.lifesolutionsforyou.com and login with company code: WPAUMC or access the EAP through their UPMC portal. For more information please visit www.wpaumc.org/activehealthcare.
Dental: MetLife Dental- www.metlife.com/dental

The Conference-sponsored dental plan is a **PDP Plus** and the Group number is **#95435**. The employee ID is the social security number of the plan subscriber (clergy). Dependents are covered only until age 19, unless enrolled full time in school and able to provide documentation of full-time student status. Full-time students are eligible until age 25. Benefits include cleanings/exams twice per year, along with more comprehensive coverage. To receive a MetLife booklet, please contact Alexis or Kathleen. For a summary of benefits, please visit [www.wpaumc.org/activehealthcare](http://www.wpaumc.org/activehealthcare).


Conference-sponsored Vision benefits are provided by EyeMed, Inc. The plan network is the EyeMed **INSIGHT Network**. WPA group ID #1008470. Dependents are covered until age 26, regardless of student status. Benefits include annual exams and lenses/contacts and frames every two years. To view a summary of benefits and EyeMed Frequently Asked Questions, please visit [www.wpaumc.org/activehealthcare](http://www.wpaumc.org/activehealthcare).

Please keep current with benefit plan information by regularly checking the benefits page at [www.wpaumc.org/benefits](http://www.wpaumc.org/benefits) and reading our emails.

**Helpful Contact Information:**

Kathleen Lasky, Conference Benefits Officer  
Kathleen.Lasky@wpaumc.org - 724-776-2300 x 274

Alexis Soohy, Assistant Benefits Officer  
Alexis.Soohy@wpaumc.org – 724-776-2300 x 278

UPMC Health Plan Dedicated Member Services: 1-844-875-3828

UPMC 24-7 Nurse Line: 1-866-918-1591

UPMC Work Partners EAP: 1-844-833-0527

MetLife Dental: 1-800-942-0854


Common Roots Federal Credit Union (formerly Keystone): 724-252-3200