

Preventive medications can help keep you from developing a health condition or help you manage a condition you already have. They can also improve your quality of life and reduce your overall health care costs by helping you stay healthy and avoid expensive treatment. The qualified high-deductible health plans offered by UPMC Health Plan come with a health savings account (HSA), and will cover medications to manage certain health conditions before you meet your plan's deductible.

If your doctor prescribes a preventive medication for you, you must pay the appropriate copayment—right from the beginning.

The following is a list of the most commonly prescribed preventive drugs. The list is not all-inclusive and does not guarantee coverage. Please refer to your prescription drug rider, formulary book, and benefits information for details about your specific plan.

ASTHMA/COPD

ADVAIR DISKUS
ADVAIR HFA
albuterol nebulizer solution
albuterol HFA
ALVESCO (ST)
ANORO ELLIPTA
ARCAPTA NEOHALER (ST)
ASMANEX HFA
ARNUITY ELLIPTA
ASMANEX TWISTHALER
ATROVENT HFA
BREO ELLIPTA
BROVANA
budesonide nebulizer solution
CINQAIR (PA)
COMBIVENT RESPIMAT
cromolyn nebulizer solution
DALIRESP (PA)
FASENRA (PA)
FLOVENT DISKUS
FLOVENT HFA
FLUTICASONE/SALMETEROL
(generic AirDuo)
INCRUSE ELLIPTA
inhaler assistive devices
ipratropium/albuterol nebulizer
solution

ipratropium nebulizer solution
levalbuterol nebulizer solution (ST)
LEVALBUTEROL HFA (PA)
LONHALA MAGNAIR
metaproterenol
montelukast
NUCALA (PA)
SEREVENT DISKUS
SPIRIVA HANDIHALER (ST)
SPIRIVA RESPIMAT
STIOLTO RESPIMAT
STRIVERDI RESPIMAT
terbutaline
THEO-24 (theophylline)
TRELLEGE ELLIPTA
VENTOLIN HFA
XOLAIR (PA)
zafirlukast
zileuton ER (PA)

BONE DISEASE AND FRACTURES

alendronate
DUAVEE
ibandronate
raloxifene
risedronate (ST)
zoledronic acid 5 mg

CAVITIES

CLINPRO
PREVIDENT
sodium fluoride rinse, gel,
cream, paste, tabs, and drops
stannous fluoride rinse

COLONOSCOPY PREPARATION

CLENPIQ
gavilyte-c*
gavilyte-g*
gavilyte-n*
polyethylene glycol*
SUPREP
trilyte*

DEPRESSION

citalopram
escitalopram
paroxetine
fluoxetine
sertraline

KEY

PA = Prior Authorization
ST = Step Therapy

If your provider prescribes a medication that requires prior authorization or step therapy, or one that is nonformulary, he or she must submit a clinical request for review.

*Please note that some of these medications are subject to the Affordable Care Act (ACA) and may be covered by your plan at 100 percent.

DIABETES

INSULINS

AFREZZA (PA)
BASAGLAR
HUMALOG
HUMULIN
LANTUS
LANTUS SOLOSTAR
LYUMJEV
TOUJEO MAX SOLOSTAR
TOUJEO SOLOSTAR

INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA
XULTOPHY

NON-INSULINS

acarbose
CYCLOSET
glimepiride
glipizide ER
glipizide/metformin
Glucometers
glyburide
glyburide/metformin
GLYXAMBI
JARDIANCE
JENTADUETO
JENTADUETO XR
Lancets
Meters
metformin
miglitol
nateglinide
Needles
OZEMPIC
pioglitazone
repaglinide

RYBELSUS
SYMLINPEN (ST)
SYNJARDY
SYNJARDY XR
Syringes
Test strips
TRADJENTA
TRIJARDY XR
TRULICITY
VICTOZA

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg & 325 mg*
aspirin/dipyridamole ER
BRILINTA
clopidogrel
dipyridamole
ELIQUIS
prasugrel
warfarin
XARELTO
ZONTIVITY (PA)

CHOLESTEROL

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
lovastatin
pravastatin
rosuvastatin
simvastatin

OTHER AGENTS

cholestyramine
cholestyramine light
colestipol
ezetimibe
ezetimibe/simvastatin (ST)
fenofibrate
fenofibric acid
gemfibrozil
PRALUENT (PA)
prevalite
REPATHA (ST)
VASCEPA (PA)
WELCHOL

HIGH BLOOD PRESSURE

ACE INHIBITORS

benazepril
captopril
enalapril
fosinopril
lisinopril
moexipril
perindopril
quinapril
ramipril
trandolapril

ACE INHIBITORS/DIURETIC COMBINATIONS

benazepril/hydrochlorothiazide
captopril/hydrochlorothiazide
enalapril/hydrochlorothiazide
fosinopril/hydrochlorothiazide
lisinopril/hydrochlorothiazide
quinapril/hydrochlorothiazide

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ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan
irbesartan
losartan
olmesartan
telmisartan
valsartan

ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

irbesartan/hydrochlorothiazide
losartan/hydrochlorothiazide
olmesartan/hydrochlorothiazide
valsartan/hydrochlorothiazide

BETA BLOCKERS

acebutolol
atenolol
betaxolol
bisoprolol
metoprolol succinate
metoprolol tartrate
nadolol
propranolol
propranolol ER
timolol

BETA BLOCKER/DIURETIC COMBINATIONS

atenolol/chlorthalidone
bisoprolol/hydrochlorothiazide
metoprolol/hydrochlorothiazide
nadolol/bendroflumethiazide
propranolol/hydrochlorothiazide

CALCIUM CHANNEL BLOCKERS

amlodipine
diltiazem
diltiazem ER
felodipine ER
isradipine
nicardipine
nifedipine ER
nisoldipine ER
verapamil
verapamil ER

DIURETICS

chlorothiazide
chlorthalidone
hydrochlorothiazide
indapamide
metolazone

OTHER HIGH BLOOD PRESSURE COMBINATIONS

amlodipine/benazepril

MIGRAINE PREVENTION

AIMOVIG (PA)
EMGALITY 120 mg (PA)

MISCELLANEOUS ANTIVIRALS

emtricitabine/tenofovir 200 mg/
300 mg*
PREVYMIS (PA)
SYNAGIS (PA)

SMOKING CESSATION*

bupropion SR
CHANTIX (ST)
nicotine gum, lozenges and patches
NICOTROL (ST)

VITAMINS OR MINERALS

Folic acid*
generic pediatric multivitamins
with fluoride
generic prenatal vitamins

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